

# CLENPIQ

## Colonoscopy Preparation Instructions

### 5 DAYS PRIOR:

- If you have not received your CLENPIQ prep, please call your doctor's office.
  - Stop all stool formers (Metamucil, FiberCon, Citrucel), vitamins, and iron, but continue your other medications.
  - If you are on blood thinners, plan to stop them according to the instructions provided.
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### 2 DAYS PRIOR:

- Stop eating nuts, seeds, and raw vegetables.
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### 1 DAY PRIOR:

- **Only consume clear liquids.**
  - Do not eat solid food until after your procedure.
  - No milk or milk products, no soy or non-dairy creamer, no juice pulp, no alcohol, and nothing red or purple in color.
  - Drink at least eight - 8oz glasses of clear liquid (64oz) during the day prior to starting your prep.
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### EVENING PRIOR TO COLONOSCOPY AT 5 PM:

1. Drink the **1st Dose** of CLENPIQ (1 premixed six ounce bottle).
  2. Drink 5 cups of clear liquid (40oz) over 5 hours.
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### DAY OF COLONOSCOPY: 5 HOURS PRIOR TO YOUR PROCEDURE ARRIVAL TIME:

1. Drink the **2nd Dose** of CLENPIQ (1 premixed six ounce bottle).
  2. Drink 4 or more cups (8oz each) of clear liquid.
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### 3 HOURS PRIOR TO YOUR PROCEDURE ARRIVAL TIME:

- **Stop drinking all liquids.**
- **Take all other morning medication with a small sip of water 3 hours prior.**
- **Do not drink anything else after this time.**